Nicolás Mariscal Torroella December 1, 2017

## MY BELIEF SYSTEM.



Ithank all the readers of this blog for the opportunity to connect with you through this channel. It has been two years since we launched this project! I would like to end the year by sharing with you my personal system of beliefs, which I wrote four years ago.

A few days ago, during an interview, one of the questions was, "Who is Nicolás Mariscal?"

As many of you know, my passion is to serve as a bridge. I enjoy being with people, creating synergies and putting certain people in contact with one another, for the good of our country and of the people in other parts of the world. However, my attempts to provide a more comprehensive response to this question, brought to mind the following thoughts I will share with you.

- The passion I devote to whatever I do will make a great difference in the results.
- Obstacles in our path make us stronger when we view them as challenges and as aspects of life that help us mature.
- Problems can be solved with patience and composure: I firmly believe in the importance of always assuming a positive attitude.
- The more we give to others, the more fulfilled we become.



Creencias. 1

Nicolás Mariscal Torroella December 1, 2017

- It is important to help each other, especially those who are closest to us.
- The corporation is an organization that generates wealth, which must be fairly distributed.
- Market economy is the economic model that fosters development and free competition within a regulatory framework.
- The assurance of solid institutions is fundamental.
- Friends are important because they light my way and it is important to listen to them and support them when the opportunity arises.



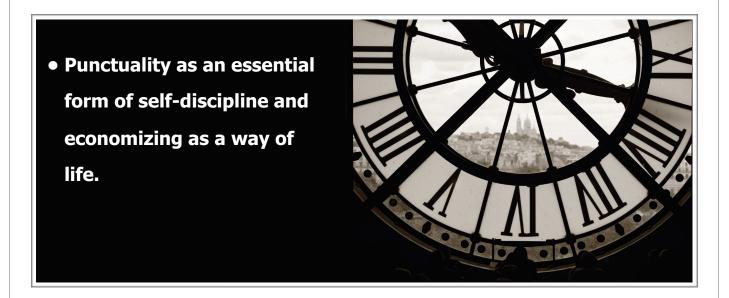
- Diversity is such an enriching factor in our lives, that we must remain open to the exchange of ideas and opinions.
- · Expressing our feelings is extremely important and necessary.
- · A sense of humor is essential to leading a healthy life.
- The values of hard work, honesty and justice that my home life, my parents and the Jesuits instilled in me.
- A close-knit family is a key factor to attaining a harmonious, strong and well-developed personality.
- Inclusion as the most effective path to self development within a context of true freedom.
- The importance of tolerance and being open to constructive criticism.
- Exercise and good nutrition in order to lead a healthier life.
- Music as a therapy for living life to the fullest.
- The importance of being aware of what is going on around us.

Creencias. 2

Nicolás Mariscal Torroella December 1, 2017

• The importance of being curious and ask questions so we can learn something new every day.

• The importance of enjoying all of nature and work toward its preservation.



What do we believe in? What are our priorities? Answering these questions is an exercise that I highly recommend, especially now that this year is coming to a close and we will have quiet times to reflect. Seeing our personal beliefs in black and white serves as a compass to guide our way, especially now that we are about to begin a new year.

I would like to conclude by wishing you all the best during this holiday season. May you enjoy the company of your loved ones and may 2018 be a year with many opportunities to continue building on and fulfilling your goals.





## Nicolás Mariscal Torroella